

First Baptist Church
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May 17, 2026



Mission Statement:

Sunday School is FBC's primary Great Commission strategy for reaching, teaching and ministering to the people of Winnsboro.

Go, therefore, and *make disciples* of all nations, *baptizing them* in the name of the Father and of the Son and of the Holy Spirit, *teaching them to observe* everything I have commanded you. **Matthew 28:19-20 (CSB)**

Taking Care of Our Spiritual Needs

Like most people, as they get older, I have found myself going to the doctor a lot more in recent years. My story is no different than most. You start off doing the normal regular bloodwork, and then suddenly, one of the numbers appears off. Soon, you find yourself having conversations about your life and lifestyle with a doctor!

One of the things that really struck me was all the conversations about lifestyle. There were dozens of questions that they asked, as they do most people. Do you smoke? Do you drink? What kind of food do you eat? Do you exercise? If you do, how much and what type of exercise? Dozens of questions, and it felt almost like an interrogation about various aspects of my life as opposed to a doctor's visit.

But the reason for all those questions is that how we live our lives affects our bodies. Everything we put in our bodies can affect our cholesterol, metabolism, and more. It affects how our organs work, our weight, and even our mental outlook. How we live our physical lives matters.

Even more than that, how we live our spiritual lives matters as well. In this verse, we are reminded that the person who keeps the commandment keeps his soul. Living our lives by the word of God, following it, and heeding its words will help us spiritually.

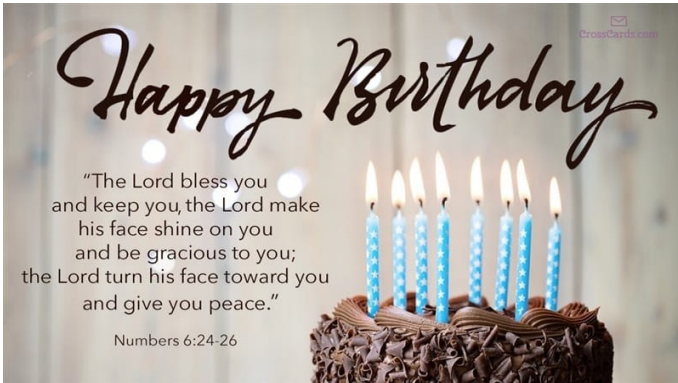
Just as much as we need to take care of our physical bodies, we must take care of our spiritual needs.

He that keepeth the commandment keepeth his
own soul; but he that despiseth his ways shall
die.

Proverbs 19:16

David Henry
Minister of Education
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weekly ANNOUNCEMENTS



- May**
- 18-Jeff Akin**
- 19-Tracy Hopkins, Emma Hand**
- 20-Asher Deas, Henley Deas, Theresa Muller, Pete Galloway**
- 22-Kolsen Smith, Katie Chapman, Kerry Rasco**
- 23-Nate Condrey**
- 24-Elizabeth Parker**

Let your LIGHT shine for VBS!

It's not too late to sign up to serve! Scan here:

REGISTER

COMPLETED K-6TH

ILLUMINATION STATION

JOHN 8:12

COMING SOON!

JUNE 1ST - 5TH

9AM-12PM

Can't serve at VBS? Serve those who can!

- Provide sweet and/or savory treats & drinks June 1-5.
- Call Jayna Holley at 281-770-6417

We're collecting chocolate chip and chocolate sandwich cookies in the Welcome Center and Church Office.

SHINING A LIGHT ON WHO JESUS REALLY IS

VBS TRAINING: SUNDAY, MAY 17

IMMEDIATELY AFTER MORNING WORSHIP IN THE FELLOWSHIP HALL

LUNCH IS PROVIDED, BUT CHILD CARE IS NOT

<https://www.fbcwinnsboro.org/3d-kids>



Remember to grab some extra canned goods the next time you are at the store! We would like to continue to support the Resource Center throughout the year!

Let's Pray!

Let's Pray! Join us for a time of corporate prayer for our church body. Sunday mornings, 8:00 am, in the GMRC. Let's fill up the room with prayers to the Lord!



9:00—9:10	9:10—9:20	9:20-10:00	10:00—10:15
Fellowship & Announce-	"REACH" Spotlight	"TEACH" People God's Word	"MINISTER" in Care Groups/Prayer Time